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Carl Rogers said, "The curious paradox is, when I accept myself as I am, then I can change." My goal as a counselor at PCC is to meet my clients right where they are, and provide an environment of acceptance and support in order to join them on their journey and walk through the dark places that all of us face at different times in our life. It is in these times in our life that great transformation can occur if we are willing to risk sharing our pain with others who will love us. It's my honor to walk through the holy ground of these places with my clients and my true joy to be with them as they discover the lost parts of themselves.

